



The Gender Institute

Transgender Resource Guide

TABLE OF CONTENTS

Emergency Resources	4
Hotlines & Warmlines	5 - 10
Primary Care	11 - 12
Preventative & Specialty	13 - 14
Hair Removal & Tattooing	15 - 16
Surgical Recovery Support	17 - 18
Mental Health	19 - 24
Community & Peer Support	25 - 29
Harm Reduction & Recovery	30 - 31
LGBTQ+ Youth Service	32 - 33
LGBTQ+ Elder Service	34
Domestic Violence/Hate Crimes	35
Accessibility & Advocacy	36 - 38
Legal & Immigration Support	39 - 43
Housing & Transportation	44 -45
For Family & Allies	46 - 47
For Providers	48 - 49



THE GENDER INSTITUTE

Our goal is to deliver compassionate, high-quality, and affordable health services to transgender patients and their families. The Gender Institute is committed to providing you with a respectful and safe environment, where you can be you. From our entire hospital staff undergoing pronoun training to following the guidelines set by The Human Rights Campaign Foundation, The Saint Francis Memorial Hospital Gender Institute's best-in-class surgeons and specialists are dedicated to the gender-affirming individual experience.



UCSF Hyde Hospital
900 Hyde Street
San Francisco, California 94109

GenderInstitute@ucsf.edu
Gender Navigation:
415.793.2325
Manager: 628.230.1249
Director: 415.732.9456
Hospital: 415.353.6000



EMERGENCY SERVICES



DORE URGENT CARE CLINIC



52 Dore St, SF 94103 | 415-553-3100

sfserviceguide.org/services/236

Serves individuals experiencing an escalating psychological crisis which, if not immediately addressed, may result in involuntary detention or hospitalization. Provides assessment and triage in a supportive, community-based setting that is fundamentally differing from a hospital-based psychiatric environment.

MISSION MENTAL HEALTH SERVICES

2712 Mission St, SF 94110 | 415-401-2700

sfserviceguide.org/organizations/692



Mission Mental Health Services is a community mental health and wellness center in the Mission District.

SAN FRANCISCO FREE CLINIC

54900 California St, SF 94110 | 415-750-9894

sffc.org



Serves as a critical safety net for those without insurance and provides free, accessible medical treatment to the uninsured while advancing the field of primary care by providing educational opportunities for future medical practitioners.

WESTSIDE CRISIS CLINIC

245 11th Street, SF 94110 | 415-431-9000

crisisclinic@westside-health.org

westside-health.org/programs/crisis-clinic



Provides culturally competent crisis & urgent care services to SF adults (18+). A drop-in service open to any adult in need of emergency psychiatric care. Designed to stabilize low-income residents in a mental health crisis and refer that person to an appropriate source for follow-up treatment.



HOTLINES & WARMLINES



24/7 CALIFORNIA PEER RUN WARM LINE

855-845-7415

mentalhealthsf.org

A non-emergency resource for anyone in California seeking mental and emotional support. We provide assistance via phone and web chat on a nondiscriminatory basis to anyone in need.



211

211.org

211 connects you to expert, caring help in your community. Every call is completely confidential.



SUICIDE & CRISIS LIFELINE - 988

988lifeline.org

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.



CALHOPE CONNECT SUICIDE PREVENTION

Hotline: 1-800-273-8255 | Text 838255

calhopeconnect.org

Staffed with Support Specialists 8AM-midnight, Monday – Sunday. If you would like to speak with someone outside of these hours, please call the CalHOPE Warmline at (833) 317- HOPE (4673); the warmline will be open for calls 24/7.





HOTLINES & WARMLINES



CALL BLACKLINE



1-800-604-5841
callblackline.com

Provides a space for peer support, counseling, reporting of mistreatment, witnessing and affirming the lived experiences for folxs who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens, prioritizing BIPOC (Black, Indigenous, and People of Color). Now with texting option.

CHILDHELP HOTLINE



Hotline: 1-800-273-8255 | Text 838255
calhopeconnect.org

Staffed with Support Specialists 8AM-midnight, Monday – Sunday. If you would like to speak with someone outside of these hours, please call the CalHOPE Warmline at (833) 317-HOPE (4673); the warmline will be open for calls 24/7.

DESI LGBTQ+ HOTLINE FOR SOUTH ASIANS

908-367-3374
deqh.org



Trained South Asian LGBTQ/TGNB+ peer support volunteers providing confidential support for South Asian LGBTQ individuals in the US. Can write anytime, or call on Thurs/Sun nights from 5-7 PST.

GERIATRIC MOBILE CRISIS TEAM

415-337-4722

Provides mobile crisis response anywhere in San Francisco for individuals over 60 between the hours of 8:30 a.m. and 5:00 p.m., Monday through Friday. Run by Southeast Mission Geriatric Mental Health.



HOTLINES & WARMLINES



HIV/AIDS HOTLINES ORGANIZED BY STATE

ryanwhite.hrsa.gov/hiv-care/hotlines

A directory of HIV/AIDS hotline/warmlines in each state organized by the Ryan White HIV/AIDS Program.

LGBT NATIONAL HOTLINE

1-888-843-4564

lgbthotline.org

Provides telephone and email peer-counseling, as well as factual information and local resources for cities and towns across the United States. All services are free and confidential.

MOBILE CRISIS UNIT

415-970-4000

sfserviceguide.org/services/3422

Provides emergency evaluation and treatment to adults (aged 18 years and older) who are experiencing mental health crises in San Francisco.

NATIONAL ALLIANCE ON MENTAL ILLNESS HELPLINE

1-800-550-NAMI

nami.org

NAMI provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives. Helpline operates Mon-Fri 10-10 EST.



HOTLINES & WARMLINES



NATIONAL COALITION AGAINST DOMESTIC VIOLENCE

1-800-799-7233

ncadv.org

NCADV's mission is to lead, mobilize and raise our voices to support efforts that demand a change of conditions that lead to domestic violence such as patriarchy, privilege, racism, sexism, and classism. They are dedicated to supporting survivors and holding offenders accountable and supporting advocates.

NATIONAL DOMESTIC VIOLENCE HOTLINE



1-800-799-7233

thehotline.org

24/7 call, chat, or text support and resources for those experiencing domestic violence

NATIONAL RUNAWAY SAFELINE

1-800-RUNAWAY

1800runaway.org

Responds to youth and families in crisis, serving as the national communications system for runaway and homeless youth. We continually transform technology, training and services to meet the current needs of vulnerable youth and ultimately achieve an end to youth homelessness.

SF MENTAL HEALTH CRISIS LINE

415-970-3800

sfserviceguide.org/services/2200

SFDPH has a 24-hour mental health phoneline for people in crisis who need help. Assistance provided includes assessments & crisis interventions.



HOTLINES & WARMLINES



RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN)

11-800-656-4673

rainn.org

Operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org y rainn.org/es) in partnership with more than 1,000 local sexual assault service providers across the country. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

SFGH PSYCHIATRIC EMERGENCY SERVICES

1001 Potrero Ave. SF 94110 | 415-206-8125

zuckerbergsanfranciscogeneral.org

For clients needing to be assessed at Zuckerberg San Francisco General; available 24 hours/7 days a week.

TRANS LIFELINE

1877-565-8860

translifeline.org

The nation's only crisis and peer-support hotline, staffed by trans people, for trans and questioning people. Unlike other hotlines, will not engage in nonconsensual intervention – callers will never have emergency services called on them without their consent. "Call us if you need someone trans to talk to, even if you're not in a crisis or if you're not sure you're trans." Please note that hours are currently limited & available online.



HOTLINES & WARMLINES



THE TREVOR PROJECT

1-866-488-7386 or text "start" to 678-678
thetrevorproject.org



Information & support to LGBTQ young people 24/7, all year round.

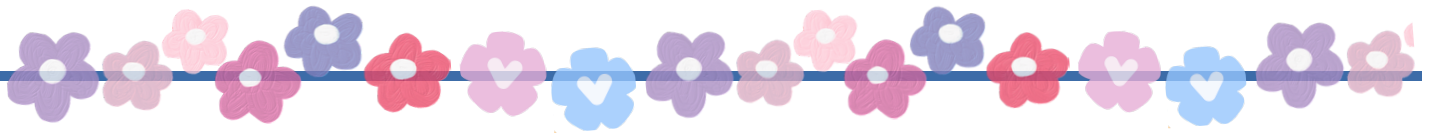
VETERAN CRISIS LINE

Dial 988 and Press 1 or text 838255
veteranscrisisline.net

24/7, confidential crisis support for Veterans and their loved ones



GENDER AFFIRMING PRIMARY CARE



CIRCLE MEDICAL



333 1st St #A, SF 94105 | 888-803-3370
circlemedical.com

Gender-affirming primary care and/or hormone therapy via telehealth.

JOHN MUIR HEALTH



1601 Ygnacio Valley Rd, Walnut Creek, CA 94598
johnmuirhealth.com/services/lgbtq-patients-and-families.html

Offers a variety of services including primary care, mental health and substance abuse support, and more

LYON MARTIN COMMUNITY HEALTH



1748 Market St, Ste. 201, SF 94102 | 415-565-7667
lyon-martin.org

Provides primary and preventive healthcare, mental health, and HIV services for women—including low-income and uninsured—and transgender people.

ONEMEDICAL



Many locations throughout Bay Area | 1-888-663-6331
onemedical.com/services/lgbtq

Primary care including surgical referrals & hormone therapy, both in-person and telehealth, available through a subscription service.

GENDER AFFIRMING PRIMARY CARE



OSRA MEDICAL

2215 Post Street, Ste 2, SF 94115 | 415-954-2220
osramedical.com



OSRAMEDICAL

LGBTQ+-friendly San Francisco clinic providing primary care, vaccinations, pregnancy tests, ENT care, and STD screening and treatment.

SAN FRANCISCO COMMUNITY HEALTH

730 Polk St, SF 94109 | 415-292-3400
sfcommunityhealth.org



SAN FRANCISCO
COMMUNITY
HEALTH CENTER

Integrated clinic serving all regardless of immigration status or ability to pay, focused on LGBTQ and BIPOC communities; operates Trans:Thrive, Taimon Booton Navigation Center, and Community Living Room.



GENDER AFFIRMING PREVENTATIVE & SPECIALTY CARE



CITY CLINIC

356 7th St, SF 94103 | 628-217-6600
sfcityclinic.org



Free/low-cost testing, STI diagnosis/treatment, client-centered counseling, partner services, care linkage, family planning/emergency contraception, PEP/PrEP.

GENDER HEALTH SF

www.sf.gov/departments--department-public-health--gender-health-sf

Provides gender-affirming surgery access, education, and navigation support for eligible uninsured and publicly insured residents.



PELVIC HEALTH & REHABILITATION CENTER

Locations throughout Bay Area | 415-440-7600
pelvicpainrehab.com



Pelvic floor physical therapy supports transgender and gender nonconforming individuals before and after surgical procedures and with nonsurgical techniques.

SAN FRANCISCO VOICE & SWALLOWING

450 Sutter St., Ste. 1139 SF 94108 | 415-839-8639
sfvoice.com



Gender-affirming sliding scale vocal interventions, including voice training.



GENDER AFFIRMING PREVENTATIVE & SPECIALTY CARE



SISTER MARY PHILIPPA HEALTH CENTER



2235 Hayes Street, 5th floor San Francisco 94108 | (415) 857-9058
sfcommunityhospitals.ucsfhealth.org/st-marys

Provide primary medical care to people living with HIV in the City and County of San Francisco. Their goal is to promote the longevity and quality of life for those who are living with HIV as well as providing comprehensive health care and support services.

SAN FRANCISCO AIDS FOUNDATION: MAGNET SEXUAL HEALTH CLINIC



470 Castro St., SF 94114 | 415-581-1600
www.sfaf.org/programs/magnet/

Sexual health clinic providing STI testing and treatment, HIV testing and linkage to care, PrEP services, anal health services, and more.

GENDER AFFIRMING HAIR REMOVAL



FRINGE ELECTROLYSIS

**FRINGE
ELECTROLYSIS**

1731-B Buchanan St, SF 94115 | 415-913-9097
fringeelectrolysis.com

Licensed permanent hair removal, with emphasis on serving TGD clients.
 Contracted provider with SF Health Plan and Kaiser.

HEARTEN ELECTROLYSIS



1528 1/2 California St, SF 94109 | 415-470-0140
heartenelectrolysis.com

Hearten Electrolysis is the very first trans-owned and operated electrolysis practice in SF. Multiple licensed providers and locations.

NORTH BAY AESTHETICS FOR EVERY BODY



233 Grant Ave, Ste 600, SF 94108 | 415-686-3546
northbay.co

Offers non-surgical gender-affirming services including dermal fillers (pay-what-you-can), laser hair reduction, neurorelaxers, and microneedling; works with SF Health Plan and will attempt billing through any insurance.

SF ELECTROLYSIS

870 Market St, Ste. 569, SF 94102 | 415-944-9639
sfelectrolysis.com



Licensed permanent hair removal, with trans-experienced providers.

GENDER AFFIRMING HAIR REMOVAL



GARNET TATTOO

Artist travels to Napa 4x/year | 619-942-9737

www.garnettattoo.com



Shane Wallin began medical tattooing in 2012 to address an identified need among trans community. He provides mastectomy tattoos, areolar tattooing, phalloplasty coloring, & scar concealment.

JEN LEE @ TATTOO CITY

415-345-9437

jenleetattoo.com



Jen Lee received advanced training in medical tattooing in 2022 and provides areolar tattooing, phalloplasty coloring, scar camouflage, & microchanneling for hyper/hypotrophic scarring. Based in Berkeley.



SURGICAL RECOVERY SUPPORT



HEALTH @ HOME

375 Laguna Honda Blvd, Unit F5, SF 94116 | 415-759-4700
sf.serviceguide.org/organizations/585



Health at Home is an agency that provides care and support to individuals in San Francisco who are homebound and require skilled medical and rehabilitative care, including postoperative care.

MAITRI AFFIRMATION CENTER

401 Duboce Ave, SF 94117 | 415-558-3000
maitrisf.org/affirmation-center



Provides 24hr nursing care, mental healthcare, case management, nutritious meals, & psychosocial support to people recovering from gender-affirming surgery, in addition to their main programming serving people living with HIV.

QUEERCARE SF/NY

queercareinc.bigcartel.com



Nonprofit group offering FREE volunteer-based postoperative support in New York City and the San Francisco Bay Area.

PROJECT OPEN HAND

730 Polk St, SF 94109 / 1921 San Pablo Ave, Oakland 94612
openhand.org



Meal delivery service is available to residents of San Francisco and Alameda County who are eligible based on a primary diagnosis, including recent major surgery (within 30 days of discharge).



SURGICAL RECOVERY SUPPORT



T4T CAREGIVING

Nationwide | t4tcaregiving@gmail.com
t4tcaregiving.org

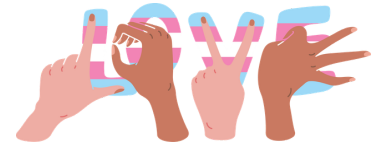


Grassroots collective of trans caregivers and doulas for trans people having gender-affirming surgeries. Offers a customized, personal, around-the-clock caregiving service to support you through your recovery. Local caregivers available in select locations, and traveling caregivers willing to service anywhere in the continental US.





MENTAL HEALTH



THE ACCESS INSTITUTE



415-606-5296

liberationinstitute.org

Access Institute provides high-quality psychological care to people of all ages with the greatest need and least access to care while training the next generation of mental health professionals through a model that values human complexity, supports socially-conscious practice, and promotes sustained human growth.

AFFIRMING RELATIONSHIP THERAPY



408-502-6622

affirmingrelationshiptherapy.com

Affirming Relationship Therapy provides a safe space for creating positive mental health practices to improve your life and relationships. They are LGBTQ+, gender affirming, poly-friendly place, and make lots of room for sexual positivity.

ALLIANCE HEALTH PROJECT



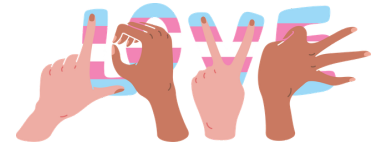
1930 Market St, SF 94102 | 415-476-3902

alliancehealthproject.ucsf.edu

Offers a broad range of professional psychological and peer-based emotional services at no cost to clients and in an LGBTQ-affirmative environment. Some services have income and insurance status limits. Call to set up an intake appointment.



MENTAL HEALTH



BAY AREA COMMUNITY COUNSELING



415-488-6122 | info@sf-bacc.org
sf-bacc.org

Bay Area Community Counseling (BACC) is a 501(c)(3) nonprofit mental health community clinic providing treatment to those across all level of socio-economic status.

CALIFORNIA INSTITUTE OF INTEGRAL STUDIES COUNSELING CENTER



415-781-0500
ciis.edu/ciis-in-the-world/counseling-clinics

The CIIS counseling centers and acupuncture clinics offer affordable and effective mind-body-spirit psychotherapy and acupuncture to more than 6,000 individuals each year.

GAYLESTA

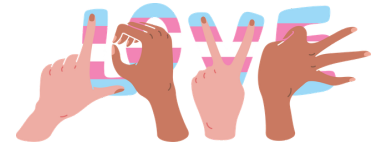


415-649-0727
gaylesta.org

Psychotherapist association for gender & sexual diversity, with tools to help find a LGBTQ+ affirming provider or therapy group.



MENTAL HEALTH



THE LIBERATION INSTITUTE

415-606-5296 x 102

liberationinstitute.org



Telemedicine counseling available across California and Oregon

OAKLAND LGBTQ COMMUNITY CENTER

3207 Lakeshore Avenue | 510-882-2286

oaklandlgbtqcenter.org



The Oakland LGBTQ Center is committed to enhancing the health and well-being of our LGBTQ+ community members. We focus our efforts on serving those most marginalized, including low income individuals. The Center offers a variety of health, wellness services and community strengthening activities.

OPEN DOORS THERAPY TELEHEALTH

650-681-1548

opendoorstherapy.com



Specializes in neurodiversity-affirming individual and group therapy services for autistic or neurodivergent people who identify as LGBTQIA+.



MENTAL HEALTH



PACIFIC CENTER FOR HUMAN GROWTH



2712 Telegraph Ave, Berkeley, CA 94705 | 510-548-8283
pacificcenter.org

Founded in 1973, Pacific Center operates the only sliding scale mental health clinic for QTBIPOC people and their families in Alameda County. Individual and relationship therapy, as well as a robust peer support group schedule.

PSYCHOLOGY TODAY

Psychology Today

3207 Lakeshore Avenue | 510-882-2286
oaklandlgbtqcenter.org

A resource hub for LGBTQ psychiatrists in the Bay Area. It can also be used to search for psychiatrists out of state.

SAN FRANCISCO COLLABORATIVE AGAINST HUMAN TRAFFICKING



2000 Van Ness Ave, Ste. 411, SF 94109 | 415-907-9911
sfcaht.org

Offers support and directory of services for people affected by trafficking.



MENTAL HEALTH



SHANTI PROJECT



730 Polk St, 3rd Floor, SF 94109 | 415-674-4700
shanti.org

The Shanti Project is a nonprofit whose goal is to provide peer support and guidance to people affected by HIV/AIDS, cancer, and other life-threatening conditions. Their program offerings include support groups, wellness retreats, and Pets Are Wonderful Support (PAWS), and LGBTQ+ Aging & Abilities Support Network (LAASN).

S.H.A.D.E PROJECT (SURVIVORS HEALING, ADVISING, AND DEDICATED TO EMPOWERMENT)



510-437-0192 | info@shademovement.org
shademovement.org

Offers support groups, counseling, intervention, and court advocacy for victims of trafficking and abuse.

THE QUEER COUPLES CENTER

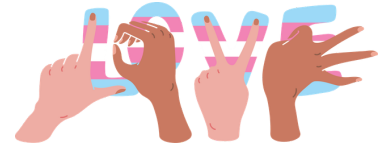


877-424-1221 | contact@gaycouplesinstitute.org
queercouplescenter.com

Offering LGBTQ+ affirming therapy and coaching for couples/partners, as well as individual therapy, with grounding in Emotionally Focused Therapy.



MENTAL HEALTH

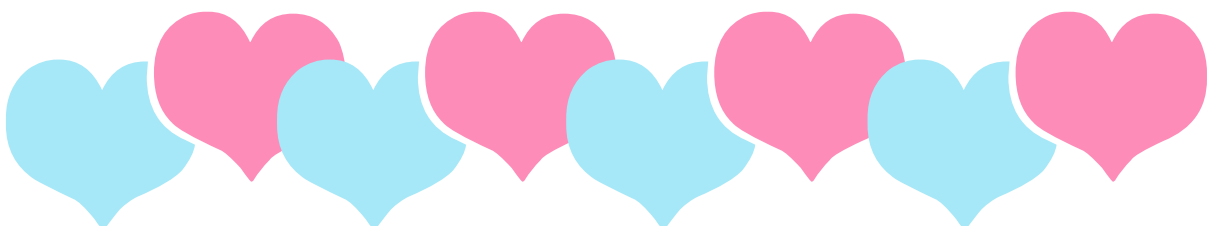


TRANS THRIVE DROP-IN



1460 Pine St, SF 94109 | 415-292-3400
sfcommunityhealth.org/trans-services

The Trans Thrive Drop-In space is open five days a week from 2–4:30pm. Here, any trans/GNC person can become a part of Trans Thrive, which includes a lounge, computer lab, clothing closet, and other amenities. Everyday there are groups (with food) on various topics.





COMMUNITY & PEER SUPPORT

BAY AREA AMERICAN INDIANS TWO-SPIRITS



baaits-board@baaits.org
baaits.org

BAAITS exists to restore and recover the role of Two-Spirit people within the American Indian/First Nations community by creating a forum for the spiritual, cultural and artistic expression of Two-Spirit people.

BAY AREA MUSLIM THERAPISTS



bayareamuslimtherapists.org

We are a network of Muslim mental health practitioners based throughout San Francisco Bay Area, CA. We provide a range of services that aim to support the psychological needs of our Muslim neighbors.

BLACK BROTHERS ESTEEM



1035 Market St, 4th Floor, SF 94103 | (415) 487 3000

sfaf.org/programs/bbe-black-brothers-esteem

Black Brothers Esteem supports and empowers African American men living with HIV or those at risk of transmission through community events and social support.



COMMUNITY & PEER SUPPORT

BLACK EMOTIONAL AND MENTAL HEALTH COLLECTIVE

wellness.beam.community

National training, movement building, and grant making institution dedicated to the healing, wellness, and liberation of Black and marginalized communities. Site includes directory to help patients connect with Black service providers and community-based support.

BROWN BOI PROJECT

brownboiproject.org

Brown Boi Project is a community of masculine of center womyn, men, two-spirit people, trans people, and our allies committed to changing the way that communities of color talk about gender. Offers financial wellness workshop, leadership retreats, and broader community support.

EL/LA PROGRAMA PARA TRANSLATINAS

2940 16th St, Rm 319, SF 94103 | 415-864-7278
ellaparatranslatinas.org

Based on 10 years of work in the transgender program of PCPV, El/La has continued to work with TransLatinas because of the expertise of our staff, and because HIV prevention services are crucial for this community. El/La is a fiscally-sponsored program of the Lavender Youth Recreation and Information Center (LYRIC).



COMMUNITY & PEER SUPPORT

HEALING CLINIC COLLECTIVE

healingcliniccollective.net/contact.html

Developed a network of over 100 natural, traditional wellness practitioners and healers that offer their services for free at our Healing Clinics and for free/sliding scale when referred to them through the HCC. We provide loving traditional healing sessions to people from especially traumatized populations in the Bay Area, including those who are QTBIPOC, low-income, and/or uninsured.

LAVENDER PHOENIX

17 Walter U. Lum Pl SF 94108 | 415-274-6750

lavenderphoenix.org



Lavender Phoenix builds queer and transgender Asian and Pacific Islander power to amplify AAPI voices and increase the visibility of the communities.

OPEN PATH COLLECTIVE

openpathcollective.org



Our nonprofit serves clients who lack health insurance or whose health insurance doesn't provide adequate mental health benefits. These clients also cannot afford current market rates for therapy (between \$80-200 a session). We help our members access their choice of affordable in-person or online care from a vetted mental health professional.



COMMUNITY & PEER SUPPORT

STELLA NOVA WOMEN

391 Sutter St, Ste. 614 SF 94108 | 415-859-1616
healingcliniccollective.net/contact.html



Stella Nova's mission is to support the mental health of women and nonbinary professionals, so they can succeed and thrive at work and at home.

TRIKONE

60 29th St #614, SF 94110 | 1-775-573-8745
trikone.org



Trikone is a registered 501(c)(3) non-profit organization for Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) people of South Asian descent, who trace their ethnicities to one of the following places: Afghanistan, Bangladesh, Bhutan, India, Maldives, Myanmar (Burma), Nepal, Pakistan, Sri Lanka, and Tibet. Founded in 1986 in the San Francisco Bay Area, Trikone is the oldest group of its kind in the world.



COMMUNITY & PEER SUPPORT

LGBTQ PSYCHOTHERAPISTS OF COLOR DIRECTORY

lgbtqpsychotherapistsofcolor.com

Directory with contact information for QTOC

MUSLIMS FOR PROGRESSIVE VALUES

323-696-2678

mpvusa.org/contact

Resource hub for LGBTQ+ Muslims



NATIONWIDE DIRECTORY FOR THERAPISTS OF COLOR

justdavia.com/blog/directories-for-therapists-of-color

16 US-based directories to help you find a therapist of color

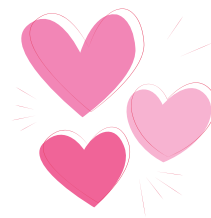
THERAPISTS OF COLOR DIRECTORY

therapistsofcolor.org/directory.html

Contact information for TOC around the Bay Area



HARM REDUCTION & RECOVERY



BAART



1111 Market St, 1st Floor, SF 94103 | 415-863-3883
baartprograms.com

Offers medication-assisted outpatient opioid addiction treatment options (buprenorphine & methadone) alongside other outpatient services.

GOLDEN GATE RECOVERY



505 San Marin Dr, Ste 240B, Novato 94945 | 415-390-3003
goldengaterecovery.com

We offer longer-term, clinically robust, trauma-informed, and community-based treatment.

HARM REDUCTION THERAPY



21 Merlin St, SF 94107 | 415-863-4282
harmreductiontherapy.org

Provides integrated mental health care & substance use treatment to people who, because their relationship with drugs is so intertwined with other emotional and social aspects of their lives, need more than simple “just say no” solutions and mainstream programs.

HEALTHRIGHT 360

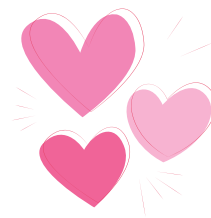


800-200-7181 & 415-762-3700
healthright360.org/service/substance-use-disorder-treatment

Full continuum of substance use disorder treatment services including outpatient, residential, custody-based, sober living environments, & case management. These include Acceptance Place, a substance use treatment facility for gay & bi men, as well as trans people.



HARM REDUCTION & RECOVERY



NEW BRIDGE FOUNDATION

2323 Hearst Avenue, Berkeley 94709 | 866-772-8075
newbridgefoundation.org

At New Bridge Foundation®, our addiction treatment program provides an environment where LGBTQ+ individuals can interact with peers within the community, as well as discuss problems that are unique to them, in specialized groups and individualized counseling session.

THE STONEWALL PROJECT

1035 Market St, SF 94103 | 415-487-3100
sfaf.org/programs/stonewall-project/



A state-certified drug and alcohol treatment program offering harm reduction-based counseling that integrates substance use, mental health, and HIV prevention/education. The Stonewall Project provides services for gay, bi, and trans men, as well as other men who have sex with men, who use substances such as meth, cocaine, alcohol, and other drugs. It also hosts two groups open to all trans people, one in person and one virtual.

PRC (POSITIVE RESOURCE CENTER)

170 9th St, SF 94103 | 415-777-0333
prcsf.org



PRC (formerly Positive Resource Center) has been transforming the Bay Area for decades, helping those affected by HIV/AIDS, substance use, or mental health issues realize their best selves by providing the support and services they need to reclaim their lives.



LGBTQ+ YOUTH SERVICES



CASA

2535 Mission St, SF 94110 | 415-398-8001
sfcasa.org



Offers advocacy and support for youth in foster care, including LGBTQ youth.

DIMENSIONS CLINIC

3850 17th St, SF 94114 | 415-934-7717
dimensionsclinic.org

Offers low-cost health services for queer, transgender and questioning youth ages 12 to 25.

HUCKLEBERRY YOUTH PROGRAMS

1292 Page St, SF 94116 | 415-621-2929
huckleberryyouth.org

Offers advocacy, counseling, emergency shelter response, and health care for youth victims of abuse.



IT GETS BETTER PROJECT

info@itgetsbetter.org
itgetsbetter.org

Resource hub for LGBTQ+ youth support



LYRIC

127 Collingwood St, SF 94114 | 415-703-6150
lyric.org



Offers education enhancement, career trainings, health promotion, and leadership development for LGBTQ youth and their families.



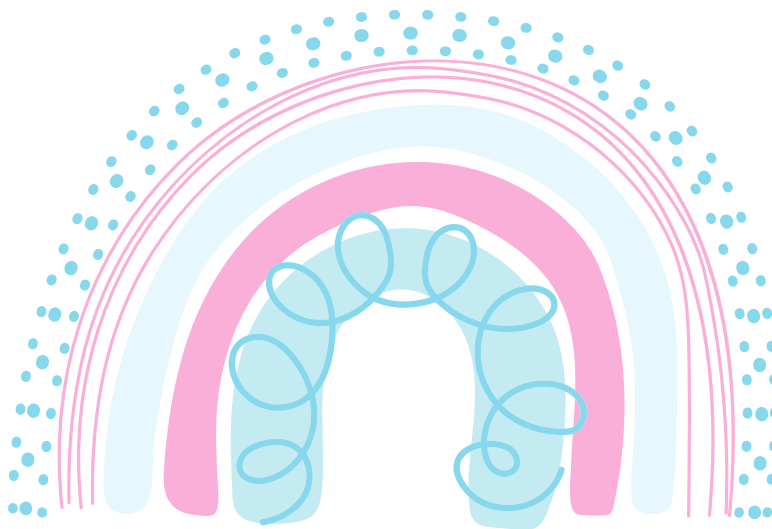
LGBTQ+ YOUTH SERVICES



SF LGBT YOUTH CENTER

**1800 Market St, SF 94102 | youth@sfcenter.org
www.sfcenter.org/program/youth-services/**

We place LGBTQ+ youth (ages 16–24) on a path to self-efficacy, connection, and stability through positive youth development. Our ongoing programs include a dedicated youth drop-in space providing a full spectrum of services from community building to crisis intervention, cultivating social connections, access to essential needs such as food and hygiene supplies, mental health services, housing navigation, and educational workshops.





LGBTQ+ ADULT SERVICES



CURRY SENIOR CENTER

65 Laguna St, SF 94102 | 415-296-8995
info@curryseniorcenter.org
curryseniorcenter.org

Offers primary care, care management, and peer support opportunities for older adults, with emphasis on serving LGBTQ+ clients.

OPENHOUSE

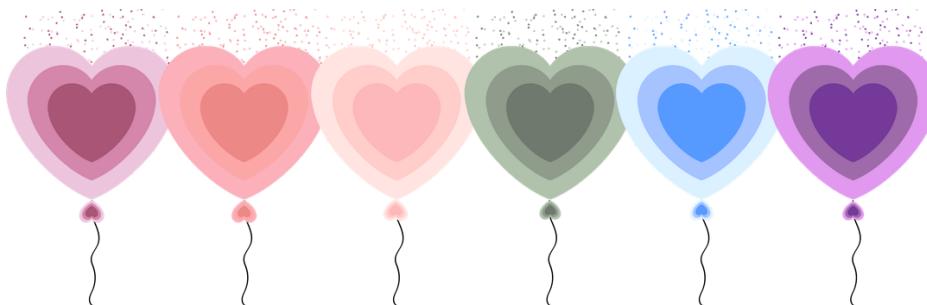
65 Laguna St, SF 94102 | 415-296-8995
openhousesf.org

Openhouse enables San Francisco Bay Area LGBTQ+ seniors to overcome the unique challenges they face as they age by providing housing, direct services and community programs.

STEPPINGSTONE ADULT DAY HEALTH LGBTQ+ PROGRAM

930 Fourth St, SF 94158 | (415) 974-6784
andrewcalabrese@steppingstonehealth.org
steppingstonehealth.org/lgbtq-program

Openhouse enables San Francisco Bay Area LGBTQ+ seniors to overcome the unique challenges they face as they age by providing housing, direct services and community programs.





DOMESTIC VIOLENCE & HATE CRIMES



BAY AREA WOMEN AGAINST RAPE

470 27th St, Oakland 94612 | 510-800-4247

bawar@bawar.org

bawar.org



Offers advocacy and mental health support for victims of trafficking, rape, and abuse.

COMMUNITY UNITED AGAINST VIOLENCE



427 South Van Ness Ave, SF 94103 | 415-777-5500

info@cuav.org

cuav.org

Offers group support services and short-term counseling for predominantly low- or no-income LGBTQ people dealing with violence or abuse.

HELPING SURVIVORS OF SEXUAL ABUSE & ASSAULT



helpingsurvivors.org

Our mission is to assist anyone who has been victimized by sexual assault or abuse.

MUJERES UNIDAS Y ACTIVAS

3543 18th St, #23, SF 94110 | 415-621-8140

Crisis Line: 415-431-2562

<https://mujeresunidas.net/>



Offers counseling, shelter, and advocacy support for victims of trafficking and abuse.



ACCESSIBILITY & ADVOCACY



GENDER SPECTRUM

1271 Washington Ave, #834, San Leandro 94577
genderspectrum.org



Provides services to queer youth and families.

HEALTHY TRANS

healthytrans.com

A trans healthcare resource, including insurance information, surgery consultation questions, and more.

KAISER PERMANENTE GENDER PATHWAYS CLINIC

1635 Divisadero St, 6th Floor, SF 94115
415-833-TRNS (8767)

Provides mental health services as well as medical services for transitioning and other health concerns.

FINANCIAL ASSISTANCE OPPORTUNITIES FOR TRANS PEOPLE SEEKING SURGERIES

[Direct link](#)

List of diagnosis-based programs providing support to TGD community members seeking gender-affirming care.



ACCESSIBILITY & ADVOCACY



OUT2ENROLL



info@out2enroll.org
out2enroll.org

A resource connecting LGBTQ people to health insurance options through the Marketplace. This site includes state-specific Trans Insurance Guides and offers free enrollment assistance.

SFLGBT CENTER TRANS EMPLOYMENT SUPPORT

1800 Market St, SF 94102 | 415-865-5555
info@sfcenter.org
sfcenter.org/program/employment_services

Resource center containing links and information for employment, legal, mental health, youth, housing, and immigration concerns.

TACT (TRANS ADVOCACY AND CARE TEAM) OAKLAND



yourtact.org

TACT is a nonprofit initiative dedicated to championing the wellbeing of trans and nonbinary individuals. We believe trans folks deserve to thrive.



ACCESSIBILITY & ADVOCACY



THE TRANSGENDER CULTURAL DISTRICT

1460 Mission St, Ste. 02103, SF 94103

info@transgenderdistrictsf.com

transgenderdistrictsf.com



The transgender district aims to stabilize and economically empower the transgender community through ownership of homes, businesses, historic and cultural sites, and safe community spaces.

TRANS HEALTH PROJECT

520 8th Avenue, Ste. 2204, New York, NY 10018

646-862-9396

info@transgenderlegal.org



The Transgender Legal Defense & Education Fund's Trans Health Project aims to ensure that all transgender and non-binary people can access the trans-related health care that they need. Provides health insurance guide, tools and resources

TRANS LIFELINE'S ID CHANGE LIBRARY

548 Market St, PMB 15337, SF 94104

<https://translifeline.org/resources/id-change-library/>



This living library contains multiple tables ranging from federal to county information about name & gender marker changes and ID documents.



LEGAL & IMMIGRATION SUPPORT



AIDS LEGAL REFERRAL PANEL

1663 Mission St, Ste. 500, SF 94103

Client Line: (415) 701-1100 | Office Line: (415) 701-1200

alrp.org

AIDS Legal Referral Panel (ALRP) provides free and low-cost legal services to people with HIV/AIDS in the San Francisco Bay Area.

HEBREW IMMIGRANT AID SOCIETY

Various locations in the US | 800-HIAS-714

info@hias.org



HIAS supports LGBTQ refugees and asylum seekers to access their rights and rebuild their lives in dignity

IMMIGRANT LEGAL RESOURCE CENTER

ilrc.org/lgbt-immigrant-rights

The Immigrant Legal Resource Center (ILRC) provides training and resources to ensure that legal services address these complex issues and are provided in a culturally competent manner.

LAMBDA LEGAL

212-809-8585

lambdalegal.org



Resource hub for transgender immigrants.



LEGAL & IMMIGRATION SUPPORT



INREACH

inreach.org/contact



InReach is a trans-led tech nonprofit increasing resource access for the diverse LGBTQ+ community.

LGBT ASYLUM PROJECT

526 Castro St, SF 94114

info@lgbtasylumproject.org

lgbtasylumproject.org



The LGBT Asylum Project provides support to immigrants in the San Francisco Asylum Office jurisdiction (from Bakersfield, CA to Seattle, WA), who identify as LGBTQ+, and have been persecuted or have fears of future persecution if they return to their home country.

IDENTITY AFFIRMATION WORKSHOP

alex@identityaffirmation.org

identityaffirmation.org



A nonprofit offering free legal representation for all trans and gender diverse people (including minors) in name and/or gender change petition in California courts.



LEGAL & IMMIGRATION SUPPORT



OASIS LEGAL SERVICES

510-666-6687 | info@oasislegalservices.org
oasislegalservices.org

A nonprofit focused on providing culturally responsive legal representation and social services to low-income LGBTQ+ folks. Focused on immigration and support of immigrants. Can assist with affirmative asylum, residency (green cards), naturalization (citizenship), family petitions for LGBTQ+ immigrants, and social services navigation.

MISS MAJOR ALEXANDER L. LEE TGIJP BLACK TRANS CULTURAL CENTER

415-554-8491 | info@tgijp.org
tgijp.org

A group of transgender, gender-diverse, and intersex people inside and outside of prisons, jails, and detention centers focused on Black trans leadership development, community organizing, and legal and social support services for incarcerated and formerly incarcerated trans individuals. Led by formerly incarcerated Black TGI individuals.

CIVIL RIGHTS DEPARTMENT OF CA

contact.center@calcivilrights.ca.gov | 800-884-1684
calcivilrights.ca.gov

The Civil Rights Department is the state agency charged with enforcing California's civil rights laws. The mission of the CRD is to protect the people of California from unlawful discrimination in employment, housing, businesses, and state-funded programs, and from bias-motivated violence and human trafficking.



LEGAL & IMMIGRATION SUPPORT



LGBT FREEDOM AND ASYLUM NETWORK

info@lgbt-fan.org

LGBT-FAN is an all-volunteer network of individuals and organizations, throughout the United States, who are dedicated to helping people who are seeking safety in the U.S. because of persecution of their sexual orientation or gender identity in their home countries.

NATIONAL CENTER FOR TRANSGENDER EQUALITY ID DOCUMENTS CENTER

transequality.org/documents

One-stop hub for name and gender change information. Find out how to update your name and gender on state and federal IDs and records.



TRANSGENDER LAW CENTER

510-587-9696

Collect Line: 510-380-8229

Legal Assistance: 415-865-0176

Largest trans-led organization advocating self-determination for all. Focus on impact litigation, legal info helpdesk, specialty programs for trans people living with HIV and/or other disabilities, and Border Butterflies Project (legal, humanitarian, and post-detention support and organizing for LGBTQ+ migrants).



LEGAL & IMMIGRATION SUPPORT

PARTNERSHIPS FOR TRAUMA RECOVERY

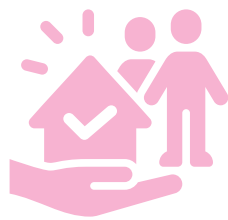
2526 Martin Luther King Jr Way, Berkeley 94704 | 510-467-0520

info@traumapartners.org

traumapartners.org

They address the psychosocial impacts of trauma among international survivors of human rights abuses through culturally aware, trauma-informed, and linguistically accessible mental health care, clinical training, and policy advocacy.





HOUSING & TRANSPORTATION



ASIAN WOMEN'S SHELTER

940 Washington St, SF 94108 | (415) 788 1008

sfaws.org



Asian Women's
Shelter

Asian Women's Shelter (AWS) addresses the needs of women, children and transgender survivors of domestic violence and human trafficking, especially those who are immigrants and refugees.

A WOMAN'S PLACE

211 13th St, SF 94103 | 415-487-2140

info@communityforwardsf.org

sfwar.org/a-womans-place/

A Woman's Place

24-hour shelter and long-term treatment center open to all women (cis and trans). Also provides a variety of supportive services.

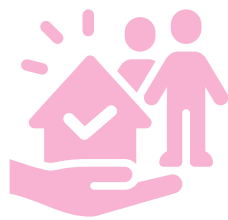
ELEVATED ACCESS

PO Box 6806 Champaign, IL 61826 | 872-246-8913

elevatedaccess.org



Non-profit organization that enables people to access healthcare by providing flights on private planes at no cost. Our volunteer pilot network transports clients seeking abortion or gender-affirming care across the United States.



HOUSING & TRANSPORTATION



HOMOBILES

415-574-5023

Homobiles was founded in 2011 with the sole purpose of providing safe, reliable transportation to the greater LGBTQ+ community in the Bay Area and our service has always been, and always will be, free or by donation.

COMMUNITY FORWARD

1171 Mission Street, 2nd Floor, SF, CA, 94103 | 415-223-1419

communityforwardsf.org

A nonprofit focused on helping the most vulnerable individuals of SF getting off the street, finding comprehensive services, and achieving stability. Community Forward SF focuses on three core populations: cis and transgender women, older adults, and those with severe medical or mental health needs. Their programs include women's services (including a drop-in center and transitional housing), medical and behavioral health services, and supportive housing services.



RESOURCES FOR FAMILY & ALLIES



GLAAD TRANSGENDER ALLIES FAQ

glaad.org/transgender/allies

Tips that can be used as you move toward becoming a better ally to transgender people



OUR FAMILY COALITION

1385 Mission St, Ste. 330, SF 94103 | 415-981-1960

info@ourfamily.org

ourfamily.org



Offers family support, education, and advocacy for LGBTQ people and community.

PARENTS, FAMILIES, AND FRIENDS OF LESBIANS AND GAYS

pflag.org

PFLAG is creating a caring, just, and affirming world for LGBTQ+ people and those who love them. Website hosts meetings (including virtual), information, advocacy resources, & more for allies of LGBT people.





RESOURCES FOR FAMILY & ALLIES



TRANSFAMILY ALLIANCE

transfamilyalliance.com



TransFamily Alliance

Education & resource hub for parents raising transgender, non-binary, and gender expansive youth. All the information you need, in one place.

FAMILY ACCEPTANCE PROJECT

familyproject.sfsu.edu



A research, intervention, education, & policy initiative promoting wellbeing for LGBTQ+ youth by supporting their families, cultures, & faith communities. Website includes a Family Support Model, training & consultation, and a resource directory connecting people with support wherever they are.

PROJECT TRANSITION

415-852-8467 | soleil@sfcommunityhealth.org

tinyurl.com/PThotelvoucher



A program that provides a hotel voucher for trans/gender diverse/intersex peoples for up to 14 days who are experiencing homelessness, housing insecurity, or need a place to recover after gender affirming surgery. Requires an ID.



RESOURCES FOR PROVIDERS



CENTER OF EXCELLENCE FOR TRANSGENDER HEALTH



prevention.ucsf.edu/transhealth

Tips that can be used as you move toward becoming a better ally to transgender people.

CENTERS FOR MEDICARE & MEDICAID SERVICES

cms.gov/training-education/partner-outreach-resources/partner-with-cms/lgbt-partners

Centers for Medicare & Medicaid Services is working with national and local organizations to ensure the LGBTQI+ community get quality health insurance and health care information. The website hosts a list of resources, including webinars and presentations about effective outreach & service provision to LGBTQ communities.

FENWAY HEALTH LEARNING RESOURCES



A PROGRAM OF THE FENWAY INSTITUTE

617-927-6400

fenwayhealth.org/the-fenway-institute/education

Extensive training library offering at-cost CME opportunities for providers seeking to grow their clinical skills serving trans & gender-diverse communities.



RESOURCES FOR PROVIDERS



ADVOCATES FOR TRANS EQUALITY



202-642-4542 | a4te@transequality.org
transequality.org

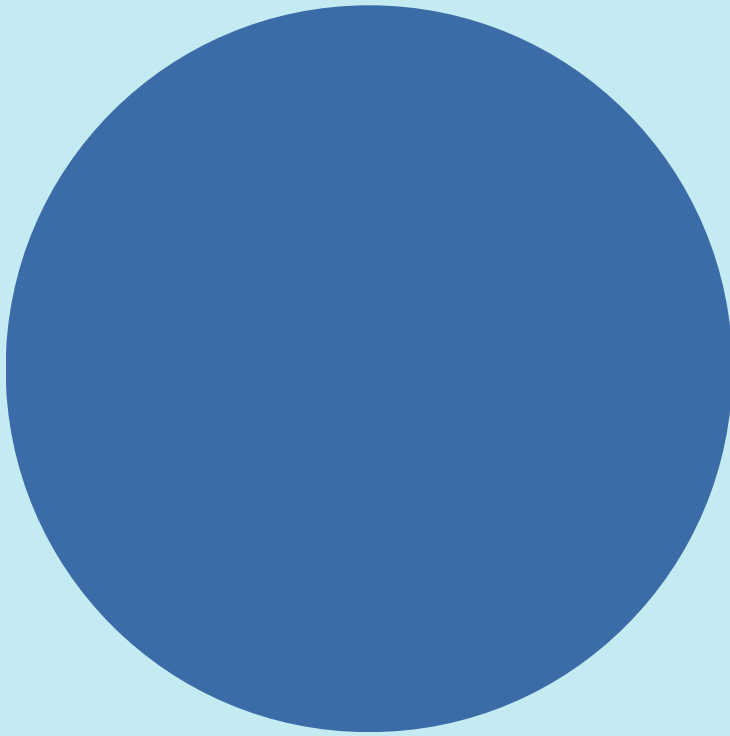
Founded in 2003 by trans activists who recognized the urgent need for policy change to advance transgender equality. Their website is a wealth of issue briefs, self-advocacy tools and guides, and opportunities to take action.

WORLD PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH



wpath.org

International interdisciplinary organization focusing on education & advancement in transgender health. WPATH develops the Standards of Care which guide insurance panels and providers in best practices & comprehensive care needs of TGD people. Their searchable member directory can facilitate finding affirming providers in your area, and educational courses are regularly offered for interested providers.



The Gender Institute
Transgender Resource Guide

UCSF Hyde Hospital
900 Hyde Street
San Francisco, California 94109

GenderInstitute@ucsf.edu
Gender Navigation:
415.793.2325
Manager: 628.230.1249
Director: 415.732.9456
Hospital: 415.353.6000