

THE GENDER INSTITUTE TRANSGENDER RESOURCE GUIDE



The Gender Institute

UCSF Health Saint Francis Hospital
900 Hyde Street
San Francisco, California 94109

GenderInstitute@ucsf.edu
Gender Navigation: 415.793.2325
Manager: 628.230.1249
Director: 415.732.9456
Hospital: 415.353.6000

Our goal is to deliver compassionate, high-quality, and affordable health services to transgender patients and their families. The Gender Institute is committed to providing you with a respectful and safe environment, where you can be you. From our entire hospital staff undergoing pronoun training to following the guidelines set by The Human Rights Campaign Foundation, The Saint Francis Memorial Hospital Gender Institute’s best-in-class surgeons and specialists are dedicated to the gender-affirming individual experience.

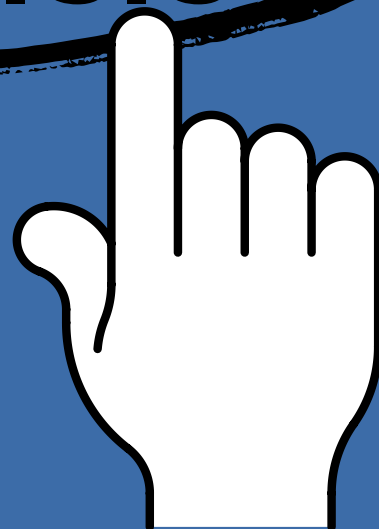
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EMERGENCY SERVICES

CRISIS



Dore Urgent Care Clinic
52 Dore St, SF 94103
415-553-3100
[sf.serviceguide.org/
services/236](https://sf.serviceguide.org/services/236)

Serves individuals experiencing an escalating psychological crisis which, if not immediately addressed, may result in involuntary detention or hospitalization. Provides assessment and triage in a supportive, community-based setting that is fundamentally differing from a hospital-based psychiatric environment.

Mission Mental Health Services
2712 Mission St, SF 94110
415-401-2700
[sf.serviceguide.org/
organizations/692](https://sf.serviceguide.org/organizations/692)

Mission Mental Health Services is a community mental health and wellness center in the Mission District.



San Francisco Free Clinic
4900 California St, SF 94110
415-750-9894
sffc.org

Serves as a critical safety net for those without insurance and provides free, accessible medical treatment to the uninsured while advancing the field of primary care by providing educational opportunities for future medical practitioners.

Westside Crisis Clinic
245 11th Street, SF 94110
415-431-9000
[crisisclinic@westside-
health.org](mailto:crisisclinic@westside-health.org)
[westside-health.org/
programs/crisis-clinic](https://westside-health.org/programs/crisis-clinic)

Provides culturally competent crisis & urgent care services to SF adults (18+). A drop-in service open to any adult in need of emergency psychiatric care. Designed to stabilize low-income residents in a mental health crisis and refer that person to an appropriate source for follow-up treatment.

you are loved



HOTLINES & WARMLINES



**24/7 California Peer Run
Warm Line**
855-845-7415
mentalhealthsf.org

A non-emergency resource for anyone in California seeking mental and emotional support. We provide assistance via phone and web chat on a nondiscriminatory basis to anyone in need.



211
211.org

211 connects you to expert, caring help in your community. Every call is completely confidential.



Suicide & Crisis Lifeline
988

988lifeline.org

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.



**CalHope Connect
Suicide Prevention**
Hotline: 1-800-273-8255
Text 838255
calhopeconnect.org

Staffed with Support Specialists 8AM-midnight, Monday - Sunday. If you would like to speak with someone outside of these hours, please call the CalHOPE Warmline at (833) 317- HOPE (4673); the warmline will be open for calls 24/7.

**California Department
of Health HIV Hotline**
1-800-367-2437

A toll-free hotline to find HIV resources near you.

Call Blackline
1-800-604-5841
callblackline.com

Provides a space for peer support, counseling, reporting of mistreatment, witnessing and affirming the lived experiences for folx who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens, prioritizing BIPOC (Black, Indigenous, and People of Color). Now with texting option.

Childhelp Hotline

Call or text

1-800-422-4453

**Live Chat feature @
childhelphotline.org**

Serving the U.S. and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance to anyone concerned about child abuse. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources. All contacts are confidential.

Desi LGBTQ+ Hotline for South Asians

908-367-3374

deqh.org

Trained South Asian LGBTQ/TGNB+ peer support volunteers providing confidential support for South Asian LGBTQ individuals in the US. Can write anytime, or call on Thurs/Sun nights from 5-7 PST.

Geriatric Mobile Crisis Team

415-337-4722

Provides mobile crisis response anywhere in San Francisco for individuals over 60 between the hours of 8:30 a.m. and 5:00 p.m., Monday through Friday.

DESI LGBTQ+

LGBT National Hotline

1-888-843-4564

lgbthotline.org

Provides telephone and email peer-counseling, as well as factual information and local resources for cities and towns across the United States. All services are free and confidential.

Mobile Crisis Unit

415-970-4000

**sfserviceguide.org/
services/3422**

Provides emergency evaluation and treatment to adults (aged 18 years and older) who are experiencing mental health crises in San Francisco.

National Alliance on Mental Illness Helpline

1-800-550-NAMI

<https://www.nami.org/>

NAMI provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives. Helpline operates Mon-Fri 10-10 EST.

National Coalition Against Domestic Violence

1-800-799-7233

ncadv.org

NCADV's mission is to lead, mobilize and raise our voices to support efforts that demand a change of conditions that lead to domestic violence such as patriarchy, privilege, racism, sexism, and classism. They are dedicated to supporting survivors and holding offenders accountable and supporting advocates.

National Domestic Violence Hotline 24-Hour Domestic Violence Hotline

1-800-799-7233

thehotline.org

24/7 call, chat, or text support and resources for those experiencing domestic violence

**NATIONAL
DOMESTIC
VIOLENCE
HOTLINE**

National Runaway Safeline

1-800-RUNAWAY

1800runaway.org

Responds to youth and families in crisis, serving as the national communications system for runaway and homeless youth. We continually transform technology, training and services to meet the current needs of vulnerable youth and ultimately achieve an end to youth homelessness.

**Rape, Abuse & Incest
National Network (RAINN)**
1-800-656-4673
rainn.org

Operates the National Sexual Assault Hotline (800.656.HOPE, online.rainn.org y rainn.org/es) in partnership with more than 1,000 local sexual assault service providers across the country. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

**SF Mental Health Crisis
Line**
415-970-3800
**[sfserviceguide.org/
services/2200](http://sfserviceguide.org/services/2200)**

SFDPH has a 24-hour mental health phoneline for people in crisis who need help. Assistance provided includes assessments & crisis interventions.

**SFGH Psychiatric
Emergency Services**
1001 Potrero Ave.
SF 94110
415-206-8125

**[zuckerbergsanfrancisco
general.org/location/
psychiatric-emergency-
services-pes/](http://zuckerbergsanfranciscogeneral.org/location/psychiatric-emergency-services-pes/)**

For clients needing to be assessed at Zuckerberg San Francisco General; available 24 hours/7 days a week.

Trans Lifeline
877-565-8860
translifeline.org

The nation's only crisis and peer-support hotline, staffed by trans people, for trans and questioning people. Unlike other hotlines, will not engage in nonconsensual intervention - callers will never have emergency services called on them without their consent. "Call us if you need someone trans to talk to, even if you're not in a crisis or if you're not sure you're trans." Please note that hours are currently limited & available online.

The Trevor Project
1-866-488-7386 or text
"start" to 678-678
thetrevorproject.org

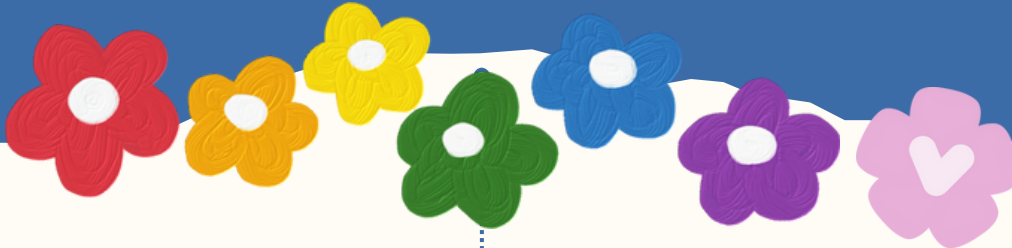
Information & support to LGBTQ young people 24/7, all year round.

Veteran Crisis Line
Dial 988 and Press 1 or
text 838255
veteranscrisisline.net

24/7, confidential crisis support for Veterans and their loved ones



GENDER AFFIRMING PRIMARY CARE



Circle Medical
333 1st St #A, SF 94105
888-803-3370
circlemedical.com

Gender-affirming primary care and/or hormone therapy via telehealth.



John Muir Health
[johnmuirhealth.com/
services/lgbtq-patients-
and-families.html](http://johnmuirhealth.com/services/lgbtq-patients-and-families.html)

Offers a variety of services including primary care, mental health and substance abuse support, and more



**Lyon Martin
Community Health**
1748 Market St, Ste. 201, SF
94102

415-565-7667
lyon-martin.org

Provides primary and preventive healthcare (including gynecological services post-vaginoplasty), mental health services and HIV services to all women, including low-income and uninsured, and transgender people.

OneMedical
Many locations
throughout Bay Area
1-888-663-6331
ma@onemedical.com
[onemedical.com/
services/lgbtq](http://onemedical.com/services/lgbtq)

Primary care including surgical referrals & hormone therapy, both in-person and telehealth, available through a subscription service.



Osra Medical
2215 Post Street, Ste 2, SF
94115
415-954-2220
md@osramedical.com
osramedical.com

LGBTQ+ friendly primary care center in San Francisco provides patients access to San Francisco primary care services like vaccinations, sick visits, pregnancy tests, ear, nose, throat, STD screenings, prevention, treatment, and more.

**San Francisco Community
Health Center**
730 Polk St, SF 94109 (also
locations in Castro &
Tenderloin)
415-292-3400
sfcommunityhealth.org

Integrated care clinic providing health care to everyone, regardless of immigration status or ability to pay, & specializing in health care for LGBTQ communities and BIPOC. Operates Trans:Thrive, Taimon Booton Navigation Center, and Community Living Room.

GENDER AFFIRMING PREVENTATIVE & SPECIALTY



City Clinic

356 7th St, SF 94103

415-487-5500

sfccpatientservices@sfdph.org
sfcityclinic.org

Free/low-cost testing, STI diagnosis/treatment, client-centered counseling, partner services, care linkage, family planning/emergency contraception, PEP/PrEP.



Gender Health SF

628-217-5788

genderhealthsf@sfdph.org
sfdph.org

Provides access to gender-affirming surgeries, education, and preparation services (including navigation support) to eligible uninsured and publicly insured transgender, nonbinary, and intersex residents.



Pelvic Health & Rehabilitation Center Locations throughout Bay Area and SoCal.

415-440-7600

pelvicpainrehab.com

Pelvic floor physical therapy can assist the transgender and gender non-conforming population for both surgical procedures and nonsurgical techniques they may utilize or undergo.

San Francisco Voice and Swallowing

450 Sutter St., Ste. 1139

SF 94108

415-839-8639

frontdesk@sfvoice.com
sfvoice.com

Gender-affirming sliding scale vocal interventions, including voice training & vocal surgeries.



Sister Mary Philippa Health Center

2235 Hayes Street, 5th floor San Francisco 94108

Main Line: (415) 857-9613

New patients: (415) 750-4974

HIV services (Leah Kramer, LCSW):
(415) 750-5923

Provide primary medical care to people living with HIV in the City and County of San Francisco. Their goal is to promote the longevity and quality of life for those who are living with HIV as well as providing comprehensive health care and support services.



GENDER AFFIRMING HAIR REMOVAL

TRANS POWER



Fringe Electrolysis
1731-B Buchanan St, SF
94115
415-913-9097
fringeelectrolysis@gmail.
com
fringeelectrolysis.com

Licensed permanent hair removal, with emphasis on serving TGD clients. Contracted provider with SF Health Plan and Kaiser.

**FRINGE
ELECTROLYSIS**

SF Electrolysis
870 Market St, Ste. 569,
SF 94102
415-944-9639
sfelectrolysis.com

Licensed permanent hair removal, with trans-experienced providers.



Hearten Electrolysis
1528 1/2 California St, SF
94109 and 500 Sutter St,
Ste 908, SF 94102
415-470-0140
info@heartenelectrolysis.
com
heartenelectrolysis.
com

Hearten Electrolysis is the very first trans-owned and operated electrolysis practice in SF. Multiple licensed providers and locations.



Garnet Tattoo
Based in San Diego, artist travels to Napa 4x/year
619-942-9737
info@garnettattoo.com
www.garnettattoo.com

Shane Wallin began medical tattooing in 2012 to address an identified need among trans community. He provides mastectomy tattoos, areolar tattooing, phalloplasty coloring, & scar concealment.



North Bay Aesthetics for Every Body
233 Grant Ave, Ste 600, SF
94108
415-686-3546
hello@northbay.co
northbay.co

Offers a range of non-surgical gender-affirming interventions including a pay-what-you-can dermal filler program, laser hair reduction, neurorelaxers, and microneedling. Works closely with SF Health Plan, willing to try billing any insurance.

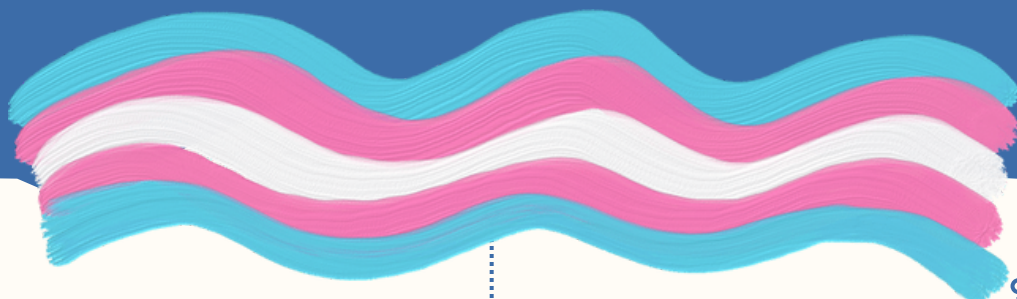
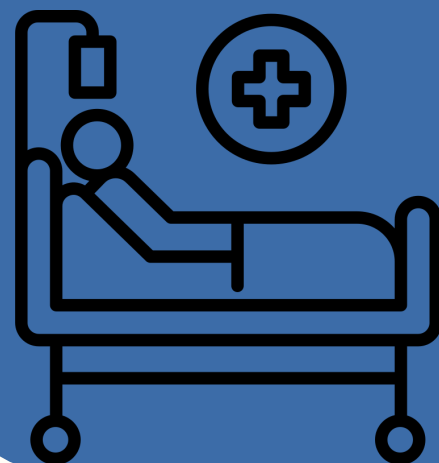
NORTH BAY

Jen Lee @ Tattoo City
700 Lombard St, SF 94133
415-345-9437
jenleetattoo@gmail.com
jenleetattoo.com

Jen Lee received advanced training in medical tattooing in 2022 and provides areolar tattooing, phalloplasty coloring, scar camouflage, & microchanneling for hyper/hypotrophic scarring.



SURGICAL RECOVERY SUPPORT



Health @ Home
375 Laguna Honda Blvd,
Unit F5, SF 94116
415-759-4700
[sf.serviceguide.org/
organizations/585](https://sf.serviceguide.org/organizations/585)

Health at Home is an agency that provides care and support to individuals in San Francisco who are homebound and require skilled medical and rehabilitative care, including postoperative care.

Maitri Affirmation Center
401 Duboce Ave, SF 94117
415-558-3000
tmoreno@maitrisf.org
maitrisf.org/affirmation-center

Provides 24hr nursing care, mental healthcare, case management, nutritious meals, & psychosocial support to people recovering from gender-affirming surgery, in addition to their main programming serving people living with HIV.

QueerCare
SF/NY
queercareinc.bigcartel.com

Nonprofit group offering FREE volunteer-based postoperative support in New York City and the San Francisco Bay Area.



Project Open Hand
730 Polk St, SF 94109 / 1921
San Pablo Ave, Oakland
94612
415-447-2326 (SF)
510-622-0221 (Alameda)
clientservices@openhand.org
openhand.org

Meal delivery service is available to residents of San Francisco and Alameda County who are eligible based on a primary diagnosis, including recent major surgery (within 30 days of discharge).

T4T Caregiving
Nationwide, with caregivers
local to SF
t4tcaregiving@gmail.com
t4tcaregiving.org

Grassroots collective of trans caregivers and doulas for trans people having gender-affirming surgeries. Offers a customized, personal, around-the-clock caregiving service to support you through your recovery. Local caregivers available in select locations, and traveling caregivers willing to service anywhere in the continental US.

Trans Heartline
San Anselmo, CA
415-683-4932
reservations@transheartline.org
transheartline.org

Safe, affordable, post-op recovery house for you and your caregiver to stay while you are healing from gender affirmation surgery. (Provides accommodations & some meals for patients & caregivers, but not caregiving services.)

MENTAL HEALTH



The Access Institute
110 Gough St, Ste. 301, SF
94102
415-861-5449
info@accessinst.org
accessinst.org

Access Institute provides high-quality psychological care to people of all ages with the greatest need and least access to care while training the next generation of mental health professionals through a model that values human complexity, supports socially-conscious practice, and promotes sustained human growth.

Affirming Relationship Therapy
408-502-6689
affirmingrelationshiptherapy.com

Affirming Relationship Therapy provides a safe space for creating positive mental health practices to improve your life and relationships. They are LGBTQ+, gender affirming, poly-friendly place, and make lots of room for sexual positivity (kink & bdsm safe).



Alliance Health Project
1930 Market St, SF 94102
415-476-3902
alliancehealthproject.ucsf.edu

Offers a broad range of professional psychological and peer-based emotional services at no cost to clients and in an LGBTQ-affirmative environment. Some services have income and insurance status limits. Call to set up an intake appointment.

Bay Area Community Counseling
415-488-6122
info@sf-bacc.org
sf-bacc.org

Bay Area Community Counseling (BACC) is a 501(c)(3) nonprofit mental health community clinic providing treatment to those across all level of socio-economic status.

California Institute of Integral Studies Counseling Center
ciis.edu/ciis-in-the-world/counseling-clinics

The CIIS counseling centers and acupuncture clinics offer affordable and effective mind-body-spirit psychotherapy and acupuncture to more than 6,000 individuals each year.

Gaylesta
415-649-0727
gaylesta.org

Psychotherapist association for gender & sexual diversity, with tools to help find a LGBTQ+ affirming provider or therapy group.



The Liberation Institute
415-606-5296 x 102
info@liberationinstitute.org

liberationinstitute.org

Telemedicine counseling
available across California
and Oregon



Oakland LGBTQ Community Center

3207 Lakeshore Ave.
(Entrance on Rand Ave.)
Oakland 94610
510-882-2286
oaklandlgbtqcenter.org

The Oakland LGBTQ Center is committed to enhancing the health and well-being of our LGBTQ+ community members. We focus our efforts on serving those most marginalized, including low income individuals. The Center offers a variety of health, wellness services and community strengthening activities.

**Open Doors Therapy
Telehealth (California)**
650-681-1548
admin@opendoorstherapy.com
opendoorstherapy.com

Specializes in neurodiversity-affirming individual and group therapy services for autistic or neurodivergent people who identify as LGBTQIA+.



Pacific Center for Human Growth

2712 Telegraph Ave,
Berkeley, CA 94705
510-548-8283

info@pacificcenter.org
pacificcenter.org

Founded in 1973, Pacific Center operates the only sliding scale mental health clinic for QTBIPOC people and their families in Alameda County. Individual and relationship therapy, as well as a robust peer support group schedule.

Psychology Today
<https://www.psychologytoday.com/us/psychiatrists/ca/san-francisco?category=gay>

A resource hub for LGBTQ psychiatrists in the Bay Area



San Francisco Collaborative Against Human Trafficking
2000 Van Ness Ave, Ste. 411, SF 94109
415-907-9911
info@sfscaht.org
sfscaht.org

Offers support and directory of services for people affected by trafficking.

SF Queer Couples and Sex Therapy Center

Several locations
510-982-6401

californiarelationshipcenters@gmail.com
sfqueersextherapy.com

Comprised of clinicians who are LGBTQ+ sensitive and/or identify as such. They also support kink, poly, and other non-traditional relationship configurations with trauma informed practices, offering family therapy, partner and couples counseling, sex therapy, child and co-parenting therapy, trauma therapy and gender and sex therapy.

Shanti Project
730 Polk St, 3rd Floor, SF 94109 (plus locations in the Mission & Potrero Hill)
415-674-4700
info@shanti.org
shanti.org

The Shanti Project is a nonprofit whose goal is to provide peer support and guidance to people affected by HIV/AIDS, cancer, and other life-threatening conditions. Their program offerings include support groups, wellness retreats, and Pets Are Wonderful Support (PAWS), and LGBTQ+ Aging & Abilities Support Network (LAASN).

**S.H.A.D.E Project
(SURVIVORS HEALING,
ADVISING, AND
DEDICATED TO
EMPOWERMENT)**
510-437-0192

info@shademovement.org
shademovement.org

Offers support groups, counseling, intervention, and court advocacy for victims of trafficking and abuse.



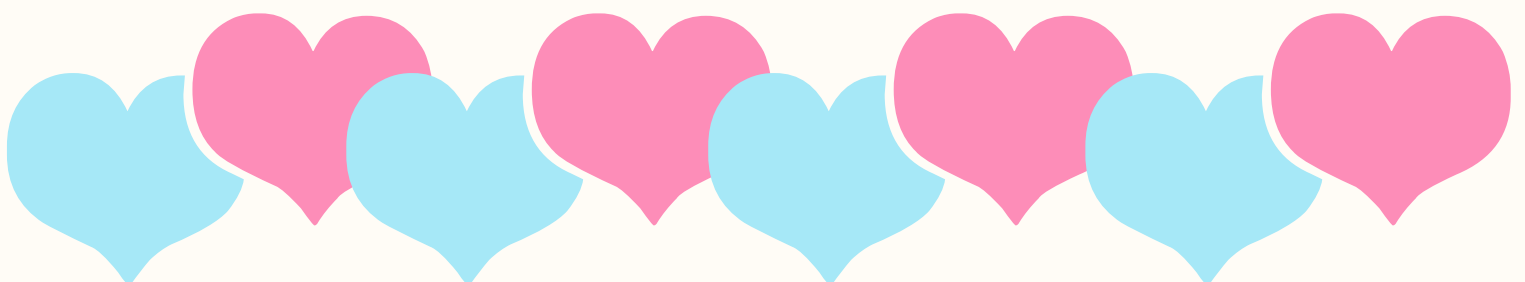
The Queer Couples Center
Several locations in SF
and Oakland
877-424-1221
contact@gaycouplesinstitute.org
queercouplescenter.com

Offering LGBTQ+ affirming therapy and coaching for couples/partners, as well as individual therapy, with grounding in Emotionally Focused Therapy.

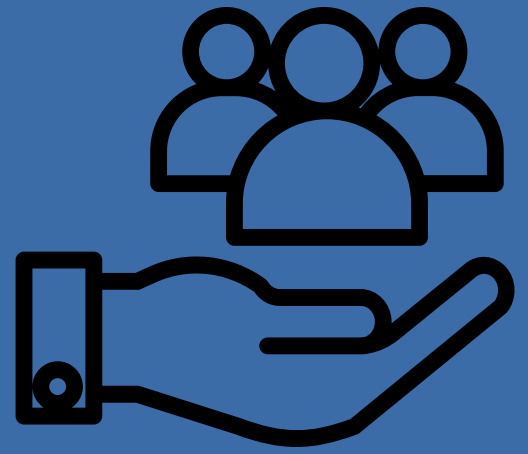


Trans Thrive Drop-In
1460 Pine St, SF 94109
415-292-3400
sfcommunityhealth.org/trans-services

The Trans Thrive Drop-In space is open five days a week from 2-4:30pm. Here, any trans/GNC person can become a part of Trans Thrive, which includes a lounge, computer lab, clothing closet, and other amenities. Everyday there are groups (with food) on various topics.



COMMUNITY & PEER SUPPORT



Bay Area American Indians Two-Spirits (BAAITS)

baaits-board@baaits.org
baaits.org

BAAITS exists to restore and recover the role of Two-Spirit people within the American Indian/First Nations community by creating a forum for the spiritual, cultural and artistic expression of Two-Spirit people.

Bay Area Muslim Therapists

bayareamuslimtherapists.org

We are a network of Muslim mental health practitioners based throughout San Francisco Bay Area, CA. We provide a range of services that aim to support the psychological needs of our Muslim neighbors.

Black Brothers Esteem
1035 Market St, 4th Floor,
SF 94103

(415) 487 3000

BBE@sfaf.org

sfaf.org/programs/bbe-black-brothers-esteem

Black Brothers Esteem supports and empowers African American men living with HIV or those at risk of transmission through community events and social support.

Black Emotional and Mental Health Collective

wellness.beam.community

National training, movement building, and grant making institution dedicated to the healing, wellness, and liberation of Black and marginalized communities. Site includes directory to help patients connect with Black service providers and community-based support.

BEAM

BLACK EMOTIONAL AND MENTAL HEALTH
COLLECTIVE

Brown Boi Project
info@brownboiproject.org
brownboiproject.org

Brown Boi Project is a community of masculine of center womyn, men, two-spirit people, trans people, and our allies committed to changing the way that communities of color talk about gender. Offers financial wellness workshop, leadership retreats, and broader community support.

El/La Programa Para TransLatinas
2940 16th St, Rm 319, SF
94103

415-864-7278

francisco@ellaparatranslatinas.org

ellaparatranslatinas.org

Based on 10 years of work in the transgender program of PCPV, El/La has continued to work with TransLatinas because of the expertise of our staff, and because HIV prevention services are crucial for this community. El/La is a fiscally-sponsored program of the Lavender Youth Recreation and Information Center (LYRIC).

Healing Clinic Collective
[healingcliniccollective.net/
contact.html](http://healingcliniccollective.net/contact.html)

Developed a network of over 100 natural, traditional wellness practitioners and healers that offer their services for free at our Healing Clinics and for free/sliding scale when referred to them through the HCC. We provide loving traditional healing sessions to people from especially traumatized populations in the Bay Area, including those who are QTBIPOC, low-income, and/or uninsured.

Lavender Phoenix
17 Walter U. Lum Pl
SF 94108
415-274-6750 ex. 317
info@lavenderphoenix.org
lavenderphoenix.org

Lavender Phoenix builds queer and transgender Asian and Pacific Islander power to amplify AAPI voices and increase the visibility of the communities.



LGBTQ Psychotherapists of Color Directory
lgbtqpsychotherapistsofcolor.com

Directory with contact information for QTOC

Muslims for Progressive Values

323-696-2678

mpvusa.org/contact

Resource hub for LGBTQ+ Muslims



Nationwide Directory for Therapists of Color
justdavia.com/blog/directories-for-therapists-of-color

16 US-based directories to help you find a therapist of color

Open Path Collective
openpathcollective.org

Our nonprofit serves clients who lack health insurance or whose health insurance doesn't provide adequate mental health benefits. These clients also cannot afford current market rates for therapy (between \$80-200 a session). We help our members access their choice of affordable in-person or online care from a vetted mental health professional.

Stella Nova Women
391 Sutter St, Ste. 614
SF 94108

415-859-1616

connect@stellanovawomen.com

stellanovawomen.com

Stella Nova's mission is to support the mental health of women and nonbinary professionals, so they can succeed and thrive at work and at home.



Therapists of Color Directory
[therapistsofcolor.org/
directory.html](http://therapistsofcolor.org/directory.html)

Contact information for TOC around the Bay Area

Trikone
60 29th St #614, SF 94110
1-775-573-8745

contact@trikone.org
trikone.org

Trikone is a registered 501(c)(3) non-profit organization for Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) people of South Asian descent, who trace their ethnicities to one of the following places: Afghanistan, Bangladesh, Bhutan, India, Maldives, Myanmar (Burma), Nepal, Pakistan, Sri Lanka, and Tibet. Founded in 1986 in the San Francisco Bay Area, Trikone is the oldest group of its kind in the world.

HARM REDUCTION & RECOVERY



BAART

**1111 Market St, 1st Floor,
SF 94103**

415-863-3883

baartprograms.com

Offers medication-assisted outpatient opioid addiction treatment options (buprenorphine & methadone) alongside other outpatient services.

Golden Gate Recovery

**505 San Marin Dr, Ste 240B,
Novato 94945**

415-849-7575

quinn@goldengaterecovery.com

goldengaterecovery.com

We offer longer-term, clinically robust, trauma-informed, and community-based treatment.

Harm Reduction Therapy Center

21 Merlin St, SF 94107

415-863-4282

harmreductiontherapy.org

Provides integrated mental health care & substance use treatment to people who, because their relationship with drugs is so intertwined with other emotional and social aspects of their lives, need more than simple “just say no” solutions and mainstream programs.

HealthRIGHT 360

800-200-7181 or 415-762-3700

**healthright360.org/service/
substance-use-disorder-treatment**

Full continuum of substance use disorder treatment services including outpatient, residential, custody-based, sober living environments, & case management. These include Acceptance Place, a substance use treatment facility for gay & bi men, as well as trans people.

New Bridge Foundation

**2323 Hearst Avenue,
Berkeley 94709**

866-772-8075

newbridgefoundation.org

At New Bridge Foundation®, our addiction treatment program provides an environment where LGBTQ+ individuals can interact with peers within the community, as well as discuss problems that are unique to them, in specialized groups and individualized counseling session.

PRC

170 9th St, SF 94103

415-777-0333

prcsf.org

PRC (formerly Positive Resource Center) has been transforming the Bay Area for decades, helping those affected by HIV/AIDS, substance use, or mental health issues realize their best selves by providing the support and services they need to reclaim their lives.

The Stonewall Project

1035 Market St, SF 94103

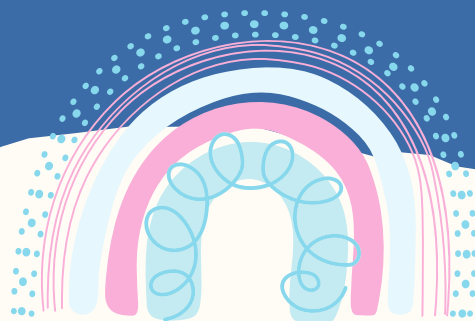
415-487-3100

info@sfaf.org

sfaf.org/programs/stonewall-project/

a state-certified drug and alcohol treatment program providing harm reduction-based counseling that integrates substance use, mental health and HIV prevention and education. Substance use counseling through the Stonewall Project is available for gay, bi, trans men and other men who have sex with men who use crystal meth, crack cocaine, powder cocaine, alcohol and/or other drugs. Also hosts 2 groups inclusive of ALL trans people: one in-person and one virtual.

LGBTQ+ YOUTH SERVICES



CASA
2535 Mission St,
SF 94110
415-398-8001
info@sfcasa.org
sfcasa.org

Offers advocacy and support for youth in foster care, including LGBTQ youth.

Dimensions Clinic
3850 17th St, SF 94114
415-934-7700
help@dimensionsclinic.org
dimensionsclinic.org

Offers low-cost health services for queer, transgender and questioning youth ages 12 to 25.

Huckleberry Youth Programs
1292 Page St, SF 94116
415-621-2929 (24-hour teen hotline)
hyp@huckleberryyouth.org
huckleberryyouth.org

Offers advocacy, counseling, emergency shelter response, and health care for youth victims of abuse.

It Gets Better Project
info@itgetsbetter.org
itgetsbetter.org

Resource hub for LGBTQ+ youth support

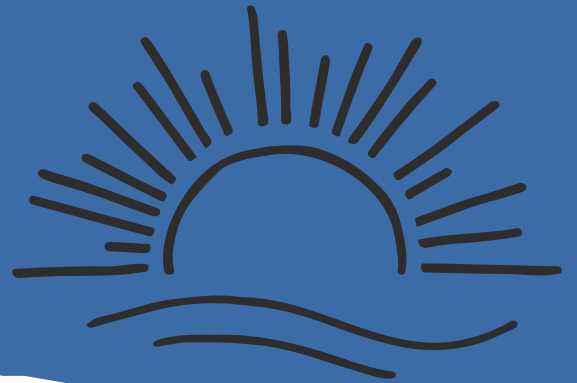
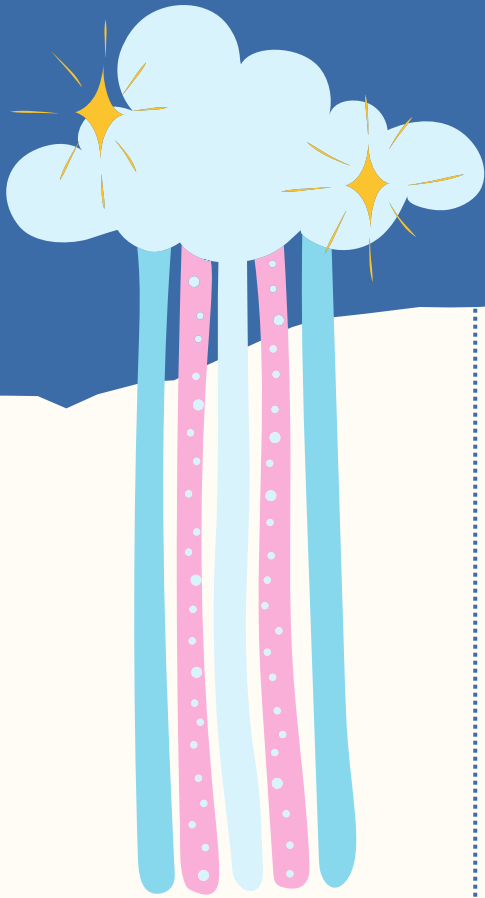
Lyric
127 Collingwood St, SF 94114
415-703-6150
lyricinfo@lyric.org
lyric.org

Offers education enhancement, career trainings, health promotion, and leadership development for LGBTQ youth and their families.

SF LGBT Youth Center
1800 Market St, SF 94102
youth@sfccenter.org
<https://www.sfccenter.org/program/youth-services/>

We place LGBTQ+ youth (ages 16-24) on a path to self-efficacy, connection, and stability through positive youth development. Our ongoing programs include a dedicated youth drop-in space providing a full spectrum of services from community building to crisis intervention, cultivating social connections, access to essential needs such as food and hygiene supplies, mental health services, housing navigation, and educational workshops.

LGBTQ+ OLDER ADULT SERVICES



Curry Senior Center
333 Turk St, SF 94102
415-920-1351

info@curryseniorcenter.org
curryseniorcenter.org

Offers primary care, care management, and peer support opportunities for older adults, with emphasis on serving LGBTQ+ clients.



Openhouse
65 Laguna St, SF 94102
415-296-8995

openhousesf.org

Openhouse enables San Francisco Bay Area LGBTQ+ seniors to overcome the unique challenges they face as they age by providing housing, direct services and community programs.

SteppingStone Adult Day Health LGBTQ+ Program
930 Fourth St, SF 94158
(415) 617-9189

andrewcalabrese@steppingstonehealth.org
steppingstonehealth.org/lgbtq-program

Adult Day Health Center (ADHC) with transportation, onsite healthcare support, physical therapies, meals, and specialized programming for LGBTQ+ older adults & adults living with disabilities in Mission Bay neighborhood.



DOMESTIC VIOLENCE & HATE CRIMES



Bay Area Women Against Rape

470 27th St
Oakland 94612
510-430-1298

bawar@bawar.org
bawar.org

Offers advocacy and mental health support for victims of trafficking, rape, and abuse.



Community United Against Violence

427 South Van Ness Ave,
SF 94103
415-777-5500

info@cuav.org
cuav.org

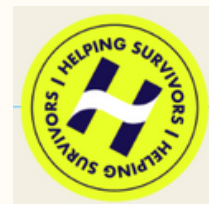
Offers group support services and short-term counseling for predominantly low- or no-income LGBTQ people dealing with violence or abuse. Call to complete an intake process.



Helping Survivors of Sexual Abuse and Assault

helpingsurvivors.org

Our mission is to assist anyone who has been victimized by sexual assault or abuse.



Mujeres Unidas y Activas (MUA)

3543 18th St, #23,
SF 94110

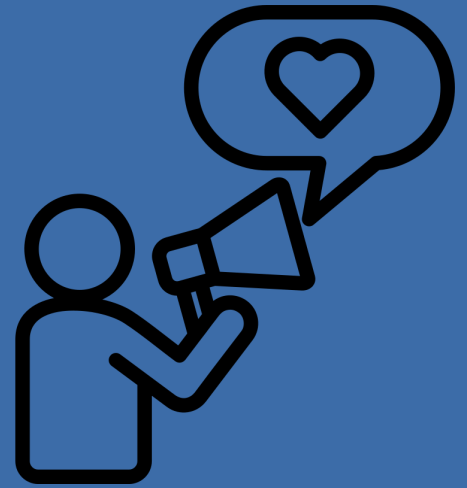
415-621-8140

415-431-2562 (Crisis line)

Offers counseling, shelter, and advocacy support for victims of trafficking and abuse.



ACCESSIBILITY & ADVOCACY



Gender Spectrum

1271 Washington Ave, #834,
San Leandro 94577
genderspectrum.org

Provides services to queer youth and families.



Healthy Trans healthytrans.com

A trans healthcare resource, including insurance information, surgery consultation questions, and more.

Kaiser Permanente Gender Pathways Clinic
1635 Divisadero St, 6th Floor,
SF 94115
415-833-TRNS (8767)

Provides mental health services as well as medical services for transitioning and other health concerns.

Financial Assistance Opportunities for Trans People Seeking Surgeries

https://www.needymeds.org/copay_diseases.taf?_function=summary&disease_id=700&disease_eng=Transgender%2FGender%20non%2Dconforming&dx=35&drp=

List of diagnosis-based programs providing support to TGD community members seeking gender-affirming care.

Out2Enroll
info@out2enroll.org
out2enroll.org

A resource connecting LGBTQ people to health insurance options through the Marketplace. This site includes state-specific Trans Insurance Guides and offers free enrollment assistance.

SFLGBT Center Trans Employment Support
1800 Market St, SF 94102
415-865-5555

info@sfcenter.org
sfcenter.org/program/employment_services
Resource center containing links and information for employment, legal, mental health, youth, housing, and immigration concerns.



TACT (Trans Advocacy and Care Team)
Oakland
yourtact.org

TACT is a nonprofit initiative dedicated to championing the wellbeing of trans and nonbinary individuals. We believe trans folks deserve to thrive.

The Transgender District
1460 Mission St, Ste.
02103
SF 94103
info@transgenderdistrictsf.com
transgenderdistrictsf.com

The transgender district aims to stabilize and economically empower the transgender community through ownership of homes, businesses, historic and cultural sites, and safe community spaces.

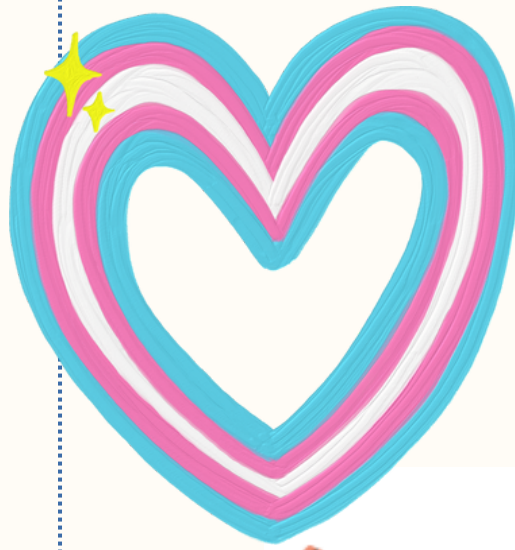
Trans Health Project
520 8th Avenue, Ste. 2204,
New York, NY 10018
646-862-9396
info@transgenderlegal.org

The Transgender Legal Defense & Education Fund's Trans Health Project aims to ensure that all transgender and non-binary people can access the trans-related health care that they need. Provides health insurance guide, tools and resources



Trans Lifeline's ID Change Library
548 Market St, PMB 15337,
SF 94104
<https://translifeline.org/resources/id-change-library/>

This living library contains multiple tables ranging from federal to county information about name & gender marker changes and ID documents.



LEGAL & IMMIGRATION SUPPORT



AIDS Legal Referral Panel
1663 Mission St, Ste. 500,
SF 94103
Client line: (415) 701-1100
Office line: (415) 701-1200
alrp.org

AIDS Legal Referral Panel (ALRP) provides free and low-cost legal services to people with HIV/AIDS in the San Francisco Bay Area.

HIAS
various locations in the US
and around the world
800-HIAS-714
info@hias.org

HIAS supports LGBTQ refugees and asylum seekers to access their rights and rebuild their lives in dignity



Immigrant Legal Resource Center
ilrc.org/lgbt-immigrant-rights

The Immigrant Legal Resource Center (ILRC) provides training and resources to ensure that legal services address these complex issues and are provided in a culturally competent manner.

InReach
inreach.org/contact

InReach is a trans-led tech nonprofit increasing resource access for the diverse LGBTQ+ community.

Lambda Legal
212-809-8585
lambdalegal.org

Resource hub for transgender immigrants.

LGBT Asylum Project
526 Castro St, SF 94114
info@lgbtasylumproject.org
lgbtasylumproject.org

The LGBT Asylum Project provides support to immigrants in the San Francisco Asylum Office jurisdiction (from Bakersfield, CA to Seattle, WA), who identify as LGBTQ+, and have been persecuted or have fears of future persecution if they return to their home country.



LGBT Freedom and Asylum Network
info@lgbt-fan.org

LGBT-FAN is an all-volunteer network of individuals and organizations, throughout the United States, who are dedicated to helping people who are seeking safety in the U.S. because of persecution of their sexual orientation or gender identity in their home countries.

National Center for Transgender Equality ID Documents Center
transequality.org/documents

One-stop hub for name and gender change information. Find out how to update your name and gender on state and federal IDs and records.



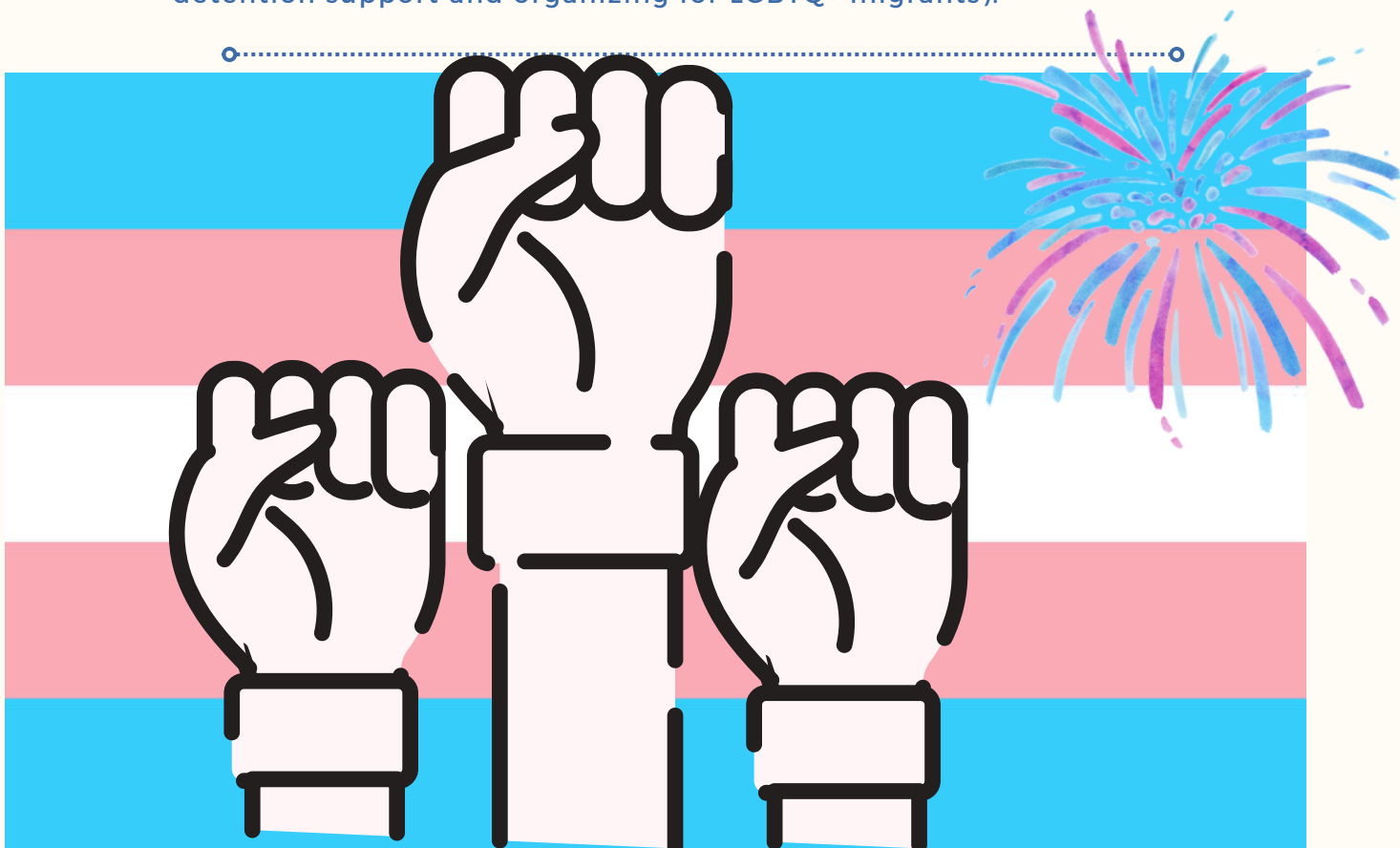
Partnerships for Trauma Recovery
2526 Martin Luther King Jr Way, Berkeley 94704
510-467-0520
info@traumapartners.org
traumapartners.org

They address the psychosocial impacts of trauma among international survivors of human rights abuses through culturally aware, trauma-informed, and linguistically accessible mental health care, clinical training, and policy advocacy.

Transgender Law Center
510-587-9696

Collect line for people in prison & detainees: 510-380-8229
Legal Assistance: 415-865-0176

Largest trans-led organization advocating self-determination for all. Focus on impact litigation, legal info helpdesk, specialty programs for trans people living with HIV and/or other disabilities, and Border Butterflies Project (legal, humanitarian, and post-detention support and organizing for LGBTQ+ migrants).



HOUSING & TRANSPORTATION



Asian Women's Shelter
940 Washington St, SF
94108
(415) 788 1008
sfaws.org

Asian Women's Shelter (AWS) addresses the needs of women, children and transgender survivors of domestic violence and human trafficking, especially those who are immigrants and refugees.



Asian Women's
Shelter

A Woman's Place
211 13th St, SF 94103
831-337 8002
info@communityforward
sf.org
sfwar.org/a-womans-
place/

24-hour shelter and long-term treatment center open to all women (cis and trans). Also provides a variety of supportive services.

A Woman's Place

Elevated Access
PO Box 6806 Champaign, IL
61826
872-246-8913
elevatedaccess.org

Non-profit organization that enables people to access healthcare by providing flights on private planes at no cost. Our volunteer pilot network transports clients seeking abortion or gender-affirming care across the United States.



ELEVATED ACCESS

Homobiles
serving Bay Area
Text 415-574-5023

Homobiles was founded in 2011 with the sole purpose of providing safe, reliable transportation to the greater LGBTQ+ community in the Bay Area and our service has always been, and always will be, free or by donation.

Our Trans Home SF (ON HIATUS)
1089 Mission St, SF 94103
Rental Subsidy Team:
RentalSubsidy@stjamesinfirmary.org
Bobbi Jean Baker House Team:
BJBH@stjamesinfirmary.org

Our Trans Home SF is a coalition working to address homelessness and housing instability impacting Transgender, Gender Variant, and Intersex (TGI) people in the San Francisco Bay Area. Services include a navigation center, transitional housing, and a rental subsidy program, although services are currently on hiatus since August 2023.

RESOURCES FOR FAMILY & ALLIES



GLAAD Transgender Allies FAQ glaad.org/transgender/allies

Tips that can be used as you move toward becoming a better ally to transgender people



Our Family Coalition 1385 Mission St, Ste. 330, SF 94103 415-981-1960 info@ourfamily.org ourfamily.org

Offers family support, education, and advocacy for LGBTQ people and community.



PFLAG pflag.org

PFLAG is creating a caring, just, and affirming world for LGBTQ+ people and those who love them. Website hosts meetings (including virtual), information, advocacy resources, & more for allies of LGBT people.



TransFamily Alliance transfamilyalliance.com

Education & resource hub for parents raising transgender, non-binary, and gender expansive youth. All the information you need, in one place.



Family Acceptance Project familyproject.sfsu.edu

A research, intervention, education, & policy initiative promoting wellbeing for LGBTQ+ youth by supporting their families, cultures, & faith communities. Website includes a Family Support Model, training & consultation, and a resource directory connecting people with support wherever they are.



RESOURCES FOR PROVIDERS



Center of Excellence for Transgender Health prevention.ucsf.edu/transhealth

Tips that can be used as you move toward becoming a better ally to transgender people



Centers for Medicare & Medicaid Services cms.gov/training-education/partner-outreach-resources/partner-with-cms/lgbt-partners

Centers for Medicare & Medicaid Services is working with national and local organizations to ensure the LGBTQI+ community get quality health insurance and health care information. The website hosts a list of resources, including webinars and presentations about effective outreach & service provision to LGBTQ communities.



Fenway Health Learning Resources 617-927-6354 fenwayhealth.org/the-fenway-institute/education

Extensive training library offering at-cost CME opportunities for providers seeking to grow their clinical skills serving trans & gender-diverse communities.



National Center for Transgender Equality 202-642-4542 ncte@transequality.org transequality.org

Founded in 2003 by trans activists who recognized the urgent need for policy change to advance transgender equality. Their website is a wealth of issue briefs, self-advocacy tools and guides, and opportunities to take action.



World Professional Association for Transgender Health (WPATH) wpath.org

International interdisciplinary organization focusing on education & advancement in transgender health. WPATH develops the Standards of Care which guide insurance panels and providers in best practices & comprehensive care needs of TGD people. Their searchable member directory can facilitate finding affirming providers in your area, and educational courses are regularly offered for interested providers.



WORLD PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH

Made accessible 1/25